



Cheeky
the Monkey

Buddy
the Dog

**CARE DEEPLY
SHARE FREELY**
with **Sharity™ & Friends**

Journey with Sharity™ & Friends

Caring for the Elderly

SSDB 2021

Spikey
the Hedgehog

Flappy
the Pigeon

Felicity
the Cat

Jointly brought together by



In the spirit of



Caring for the Elderly



For the first time in 2020, the Agency for Integrated Care (AIC) and Community Chest collaborated to support pre-schools in embarking on their “Start Small Dream Big” (SSDB) journey under the category: Caring for the Elderly.

In 2020, due to COVID-19 safe distancing measures, physical visits to Community Care sites (e.g., Nursing Homes, Eldercare Centres) was not possible. These challenges however were overcome with technology and innovative solutions that enabled pre-schools to find new ways to bring joy to seniors. Check out : <https://aic-mosaic.sg/2020/11/11/boosting-intergenerational-bonds-amid-covid-19/> to see the activities that were conducted.

We hope that you will join us this year!

Jointly brought together by

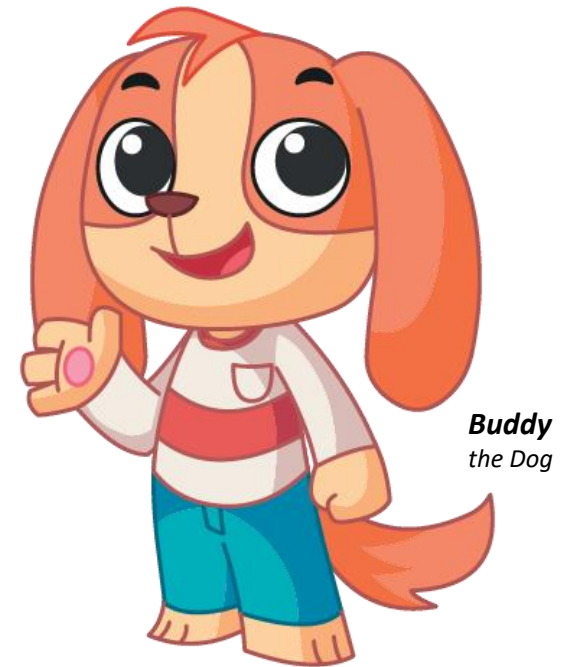


In the spirit of



WHY SHOULD WE CONSIDER THIS THEME?

Young children can learn the importance of empathy and respect by participating in this theme. Learning can take place in a variety of ways – from classroom-based sessions to virtual and eventually physical visits (when COVID-19 measures ease) to Community Care sites (e.g., Nursing Homes, Eldercare Centres) to take part in intergenerational activities together.



Jointly brought together by



In the spirit of



HOW WILL WE BE SUPPORTED?

An e-infokit has been developed to support teachers in implementing seniors-related SSDB initiatives with their preschoolers.

Interested pre-schools and Community Care sites will be paired up. Kick off meetings to align expectations, timelines and outcomes will also be arranged.

Activity ideas/resources will be provided.



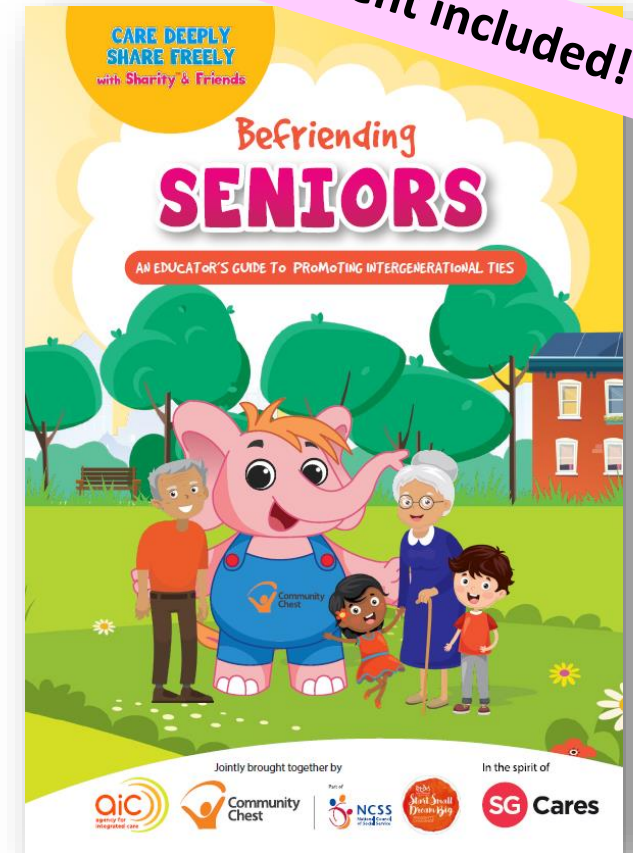
Felicity
the Cat

NEW!

Virtual Component included!

Topics in the Sharity Befriending infokit:

1. Seniors in Singapore and the Community Care Sector
2. How to get started on your initiative
3. What you can do:
 - a) Preparation – planning tips, befriending tips, virtual tips
 - b) During the session – possible activities
 - c) After the session: reflection questions/ activities for children
 - d) After Action review
4. Success Stories



*Copy will be available on SSDB website by April



WHAT OTHER SHARITY RESOURCES CAN WE GET ACCESS TO?

Write down your Caring Deeds for Seniors in this Sharity Journal



Use A-Z Values-Learning Cards to learn to be more senior-centric



Learn about ways to respect seniors through Sharity & Friends Animations



NEW!

Loan Inclusive Storybooks to read together with seniors



* All resources are free.

CAN WE VISIT COMMUNITY CARE SITES?

Physical visits to Community Care sites may be possible when the COVID-19 situation improves. For preschools that would like to explore visiting Community Care sites virtually as part of their “Start Small Dream Big” journey, drop AIC an email at intergen@aic.sg.



Jointly brought together by



In the spirit of



WHAT IS REQUIRED WHEN WE SIGN UP FOR THIS THEME?

With the information provided in the e-infokit, preschools can conduct classroom-based learning sessions about seniors. Should you like to be partnered with a Community Care site/have regular activities with the elderly, drop us an email at intergen@aic.sg so that we can provide you more information.

Flappy
the Pigeon



We will be seeking feedback from preschools on the information provided in the e-infokit and ways that the teachers' and preschoolers' experiences can be improved. Your centre may also be approached to submit photos or videos to showcase your activities!

Jointly brought together by



In the spirit of



WHERE CAN WE GET MORE INFORMATION ON CARING FOR THE ELDERLY?

Contact
Agency for Integrated Care at
intergen@aic.sg
for more information.

We look forward to hearing from
you!



Jointly brought together by



In the spirit of



WHAT OTHER CATEGORIES ARE SHARITY & FRIENDS SUPPORTING?



Sharity & Friends are also supporting
Caring for Persons with
Disabilities.

For more information, contact
Community Chest at
[LIM Si Jie@ncss.gov.sg](mailto:LIM_Si_Jie@ncss.gov.sg)





Cheeky
the Monkey

Buddy
the Dog

**CARE DEEPLY
SHARE FREELY**
with **Sharity™ & Friends**

Come join us!!!

Spikey
the Hedgehog

Flappy
the Pigeon

Felicity
the Cat

Jointly brought together by



In the spirit of

