
Red Cross Youth Humanitarian Trail & Grateful Heart Day



Humanity in our Hands

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Overview of Humanitarian Trail



3-1A	3-1B	3-2	3-3	3-4A	3-4B
2-1	2-2	2-3	2-4	2-5	
corridor	1-1	1-2	1-3	1-4	
	Canteen				

Level 3

Level 2

Level 1

Corridor

Heritage Wall - include History of RCY, Career & Leaders for Humanity

Canteen ++

Droplet - water filtration system
Shade - shelters

1-0A

Operations Centre

1-0A

Shops+

Tentage

Safe Step - @ Choking & CPR

3-1B

Capsule

3-2

Care - Practical Lab - Nursing Home - *collaboration with MOHH*
Save - Practical Lab - Blood Donation

3-3

Safety FIRST - @ Home & School - *collaboration with Work Safety Health Council*

3-4A

Safe Step - @ Choking & CPR - *collaboration with Prudence Foundation*

3-4B

Game Stop - Virtual Reality



Scope

Humanitarian Trail



Within the compound layout provided at the Singapore Red Cross Training Campsite.



62, Jalan Khairuddin
Singapore 457524

Directions:
<https://goo.gl/7A6USP>





Objective

Humanitarian Trail

To strengthen our experiential learning activities for our youth members. This learning platform will provide hand on and interactive learning experience with objective of strengthening their understanding of SRC Humanitarian work and inspire them to contribute towards serving humanity as a volunteer or as a career.

This Learning Journey will include:

- 1) **Operations Centre** - SRC/RCY command centre for events and incident management
- 2) **Care & Save** - Simulation Lab - Nursing Care & VR
- 3) **GameStop** - Virtual Reality on fire safety
- 4) **Safety First** - Safety @home and @school
- 5) **Safe Step** - Lifesaving intervention - Choking & CPR
- 6) **Droplet & Shade** - Water filtration & Emergency/Temporary shelters



Audience + Schedule

Humanitarian Trail

Target Audience

The primary target audience are students at **kindergarten, primary and secondary schools.**

However it is also open to youth in general and adult.

Schedule

Based on prior bookings/ arrangements.

Proposed Learning Journey Programme, can be tailored according to school's needs

Learning Journey - **Junior & Links** - 2 hrs 30 mins

Intro
HW, 1-4

(20 Mins)

Save
3-2

(20 Mins)

Safety First
3-3

(20 Mins)

Safe
Steps
3-4A

(20 Mins)

Game Stop
3-4B

(20 Mins)

Medical
Transp
Carpark

(20 Mins)

Optional Stations - Juniors & Links

Shade
Canteen

Droplet
Canteen

Ops
Centre
3-1

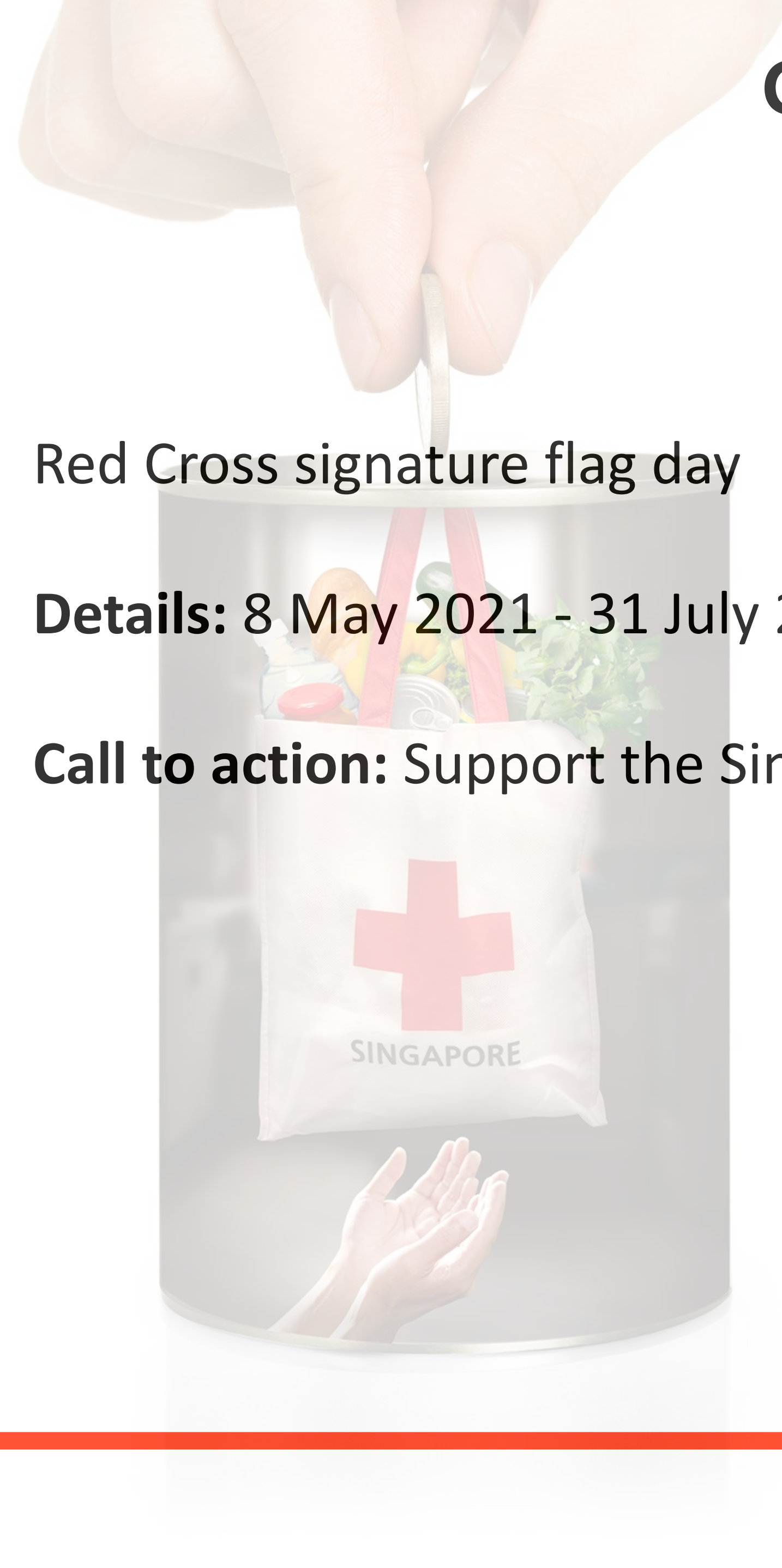
Care
3-2

Grateful Hearts Day

Red Cross signature flag day

Details: 8 May 2021 - 31 July 2021

Call to action: Support the Singapore Red Cross by taking up pledge cards or donation tins





Grateful Hearts Day

Objective :

- Galvanising resources of the community towards a larger goal to help those less fortunate than us.
- Extend helping hand to Singaporeans who have fallen between the cracks of our social safety nets and getting them back on their feet.
- To instil a mindset of giving and that every effort and contribution counts.

Who are we fundraising for:

- **Red Cross Home for the Disabled** provides residential, respite and day care services for adults and children with multiple disabilities to ensure their physical, mental, emotional and social well-being.
- **TransportAid** gets the elderly and / or the disabled from low-income homes to and from their medical treatments, rehabilitation and day care centres.
- **FoodAid** provides monthly nutritious food to the skipped-generation, single-elderly and single-parent families, hand-delivered with love.
- **Community-Led Action for Resilience** mobilises community volunteers in caring and building the resilience of the elderly, in our increasingly ageing population.
- **Volunteer and Youth Development** groom all our volunteers, including Red Cross Youth, to be humanitarian leaders of tomorrow through structured training and community programmes.
- **Community FirstAid** provides first aid coverage at national and community events as well as a 'First Aider on Wheels' service at our parks every weekend and public holiday.
- **ElderAid and HoME+** – Mobilises community volunteers in caring and building the resilience of the elderly, in our increasingly ageing population. Home Monitoring and Eldercare (HoME+) provides home monitoring and response for seniors living on their own for community ageing-in-place.

Sample of pledge card and tins

flag Day 2019_PledgeCard.ai 1 10/12/18 6:19 PM

Please cross out the donated amount.

\$2	\$2	\$2	\$2	\$2	\$2
\$2	\$2	\$2	\$2	\$2	\$2
\$2	\$2	\$2	\$2	\$2	\$2
\$5	\$5	\$5	\$5	\$5	\$5
\$10	\$10	\$10	Other Amount \$	Other Amount \$	Other Amount \$
\$10	\$10	\$10	Total Amount: _____		

INSTRUCTIONS TO FUNDRAISERS

- Fundraisers are advised to seek donations only from friends and relatives.
- Any amendment to the donated amount must be accompanied by the signature of the donor and card holder. Erasing or usage of correction fluid is not allowed.
- In the event of the loss of this card, a police report is to be made and submitted to the Singapore Red Cross for audit purposes.
- This pledge card is the property of the Singapore Red Cross.

If found, kindly return to Singapore Red Cross, 15 Penang Lane, Red Cross House, Singapore 238486.
For enquiries, please call 6664 0900

Card Serial No.: 0000

NCSS Approval No.: 2018121223

Pledge Card Collection Period: 01 January - 31 March 2018

Name: _____
NRIC: _____
Class / Department: _____
School / Organisation: _____
Total Amount Collected: _____
Community FirstAid • ElderAid • FoodAid • TransportAid • Red Cross Home for the Disabled • Day Activity Centre

Grateful Hearts Day 24.02.2019

Your attitude of gratitude can put nutritious food on the table, for vulnerable families.

SINGAPORE

