

Red Cross Junior (RCJ) Programme



Objective of RCJ Programme



- To establish an **activity-based curriculum** for children (5-6 years old) as an inroad of which all kids who enrolled into this programme will be recognised as Red Cross Juniors.
- To set up Red Cross Junior Club in preschools and also provide service platforms within SRC for parent-kid to participate/contribute.



Your Red Cross Journey Begins Here

Join the Singapore Red Cross to serve humanity and save lives



5 - 6 years old
(preschooler)

Little Red Cross -
Preschoolers will learn
about caring and helping
others through the Little
Red Cross Programme.



9 - 12 years old
(primary 3 - 6)

Red Cross Youth - Links
school co-curricular
activities, Uniformed
Group (UG).



18 - 25 years old
(Poly/JC/ITE/ UNI)

Red Cross Youth - Chapters/
Youth Member @ District
School co-curricular
activity, non-uniformed
group.



13 - 17 years old
(Secondary 1-4/5)

Red Cross Youth - Cadets
School co-curricular
activity, Uniformed Group
(UG).

Youth Member
9 - 35 years old youth
Enjoy free youth
membership and serve
the community.



After Graduation
(working adult)

Continue to serve with us
while taking up the role of
Corporate Social
Responsibility (CSR)
champion and encourage
colleagues to volunteer.

Ordinary Member
18 years old and above
When you turn 18 years old,
you may choose to sign up as
a Ordinary Member
(membership fee payable) to
play a key role in ensuring a
well-functioning Society.



60 years old & above
(senior citizen)

Senior Volunteer -
stay active by
volunteering their time
and skills with us.



RED CROSS JUNIORS



RED CROSS LINKS



RED CROSS CADETS



RED CROSS CHAPTERS



CORPORATE VOLUNTEERING GROUP



SENIOR VOLUNTEERING

Target Group - 5 to 6 years old



5 - 6 years old
(preschooler)

Little Red Cross - Preschoolers will
learn about caring and helping
others through the Little Red
Cross Programme.



Launch of RCJ Club



Date: 20 April 2018 (Friday)

Time: 10am - 12pm

Venue: Festive Plaza, Our Tampines Hub

GOH: Minister for Home Affairs and
Minister for Law, Mr. K. Shanmugam

Focus: Launch Red Cross Junior and
Project C.A.R.E Educator's Guide





First 7 RCJ Clubs with Kidz Meadow

Starter Package



Starter Kit:

- 1 x Go Bag + First Aid kit
- 2 x Educator's Guide
- Graduation Lanyard
- Red Cross Bucket Hat with enrolment badge
 - * 1x Foundation Badge (First Year)
 - * 1x Formative Badge (Second Year)

*to be given upon completion within the year



Programmes for Teachers:

- Psychological First Aid programme (1 day)
- Briefing on RCJ programme (2 - 3 hours)

Starter Kit



First Aid Activity
Resource Pack

Educator's
Guide

Graduation
Lanyard

Storybook

Red Cross Bucket Hat

First Aid Kit

"Get on the Go"
(GOTG) Bag



Two Years Curriculum



First Year: (5yo)

Activity-Based Curriculum
(Project C.A.R.E essentially)



Second Year: (6yo)

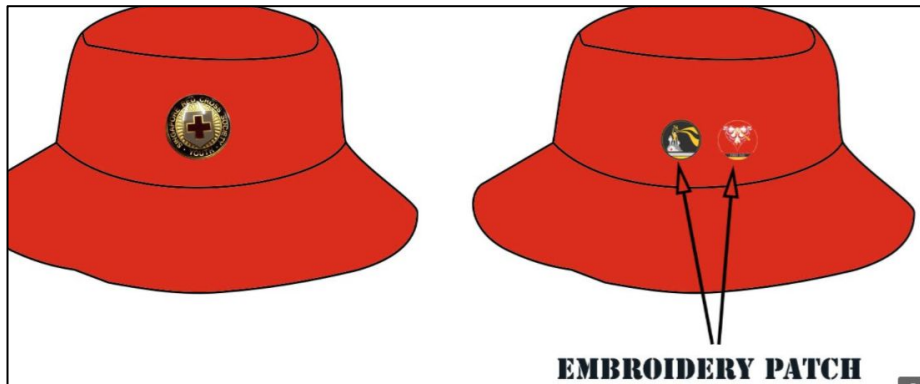
Call to action - service platform

First Year: 5 years old (K1)



Project C.A.R.E (Educator's Guide)

- Students will be recognised as Red Cross Juniors upon enrolment
- Teachers to carry out CARE activities to students
- Each student will be given a bucket hat (with enrolment badge) and a graduation lanyard



Second Year: 6 years old (K2)



Call to Action

- Provide volunteering platform for schools
 - Aim: parent-kid volunteering
 - Work with Social Service Agencies like Red Cross to co-organise volunteering activities suitable for preschoolers and their parents
- Humanitarian trail at Red Cross Campsite
 - Provide learning journey for preschoolers



Badge Achievement



Enrolment Badge (First year)

Given an enrolment badge upon enrolment to the programme



Foundation Badge (First year)

Given upon completion:

- 2 out of 3 modules of Project C.A.R.E (Care for Safety + one other)
- SRC Humanitarian Trail



Formative Badge (Second year)

Completion of 1 volunteering service activity



Psychological First Aid



Centres with Red Cross Junior Clubs can send up to **TWO** teachers for **complimentary** Psychological First Aid Course (Conducted by Singapore Red Cross Academy) to:

- Equip the teachers with the basics of providing psychological first aid to affected persons in times of crises and emergencies
- Gain basic competencies in recognising signs of distress in order to be able to establish a human connection in a non-intrusive and compassionate manner
- **Teachers can register for the course on SRC's website.**

Frequently Asked Questions

1. How can my school register to set up a Red Cross Junior Club?

You can register on SRC's website (Please click [HERE](#) for the form), alternatively you may send an email to redcrossjunior@redcross.sg.

2. Are there any cost from the school to set up a Red Cross Junior Club in my school?

No, there is no set up cost to set up a Red Cross Junior Club.

3. What happens after we have registered as Club?

The students enrolled for this programme will be called **Red Cross Junior**! SRC will arrange for the starter kit to be delivered to your school. Teachers can use/adapt the suggested activities in the Educator's Guide to kick start the Year 1 curriculum. Staff from SRC will conduct the briefing for the teachers (recommend 2 teachers) to learn more about the RCJ programmes. The briefing will take 2 - 3 hours.

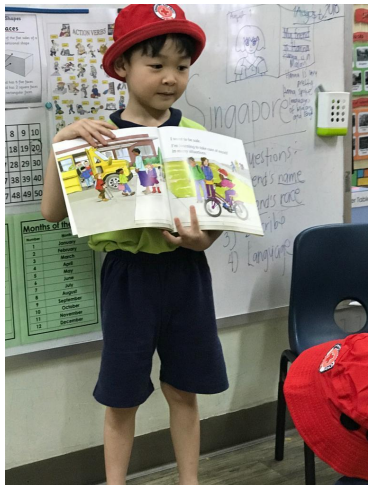
4. How can the teachers sign up for the psychological first aid?

Teachers can register for the first aid course on SRC's website, <https://www.redcross.sg/get-trained/psychosocial-support.html>.

5. What is the minimum fulfilment required from the school?

Year 1 (5 years old) - Red Cross Juniors to complete 1 activity from Care for Elderly and 1 activity from either Care for Safety or Care for Differently Abled.

Year 2: (6 years old) - Red Cross Juniors to complete one volunteering activity with SRC or other Social Service Agencies



6. How do I sign up my K2 students for volunteering activity?

You may express interest by dropping an email to our staff at redcrossjunior@redcross.sg.

Examples of opportunities within the Singapore Red Cross:

- 1) Visit to the Red Cross Home for the Disabled (RCHD): Spring cleaning the premises, feeding the residents of the Home, Organising activities (song and dance) for residents
- 2) Coordinating a hamper distribution drive: Hampers will be given to residents from RCHD or our clients from Community Service Department
- 3) Duty at the Blood Banks: Accompanied by their parents or teachers, Juniors can help in simple administrative duties.
- 4) Project R.I.C.E annual packing: An annual, nation-wide collection and distribution drive where Juniors and their parents can be involved in packing and supermarket phase

Contact Us



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