



Cares

Caring for Others Starts with Me!

About the Singapore Cares Movement

- SG Cares is a national movement dedicated to building a more caring and inclusive home for all. The movement invites all who live in Singapore to put values into action through active volunteerism, ground-up efforts and everyday acts of care. It also aims to build capability across various sectors and organisations to grow opportunities for volunteering. By inspiring and supporting one another, we can show the world that we are a nation with a big heart.
- Find out more: www.sgcares.sg

Key Messages

- Caring for others in the Singapore Sprit, no matter what age you are!
- We can care through our daily life routines and interactions with people
- Volunteering can be designed to fit into our lifestyles
- Together, we can play a part, big and small, to make Singapore a more caring and inclusive home for all.



Get Involved!

- Pre-schools can organise own projects with the **theme of 'Care'**
- Pre-schools can reach out to SG Cares' team if they would like to partner a social service agency
- Some examples of showing care:
 - Helping a friend/someone with a task
 - Sharing something with a friend/someone
 - Showing appreciation to a friend/someone with a hand-written note
 - Gifting a care pack to a friend/someone
 - Picking up litter around your school compound
 - Greeting a friend/someone when you see them

Spread the Word!



Pre-schools to share about your projects on 'Care' on social media pages:

- To tag SG Cares on Facebook and/or Instagram
- To also include hashtag **#sgcares** in your posts!

Interested Pre-schools to contact:

SG Cares Office – MCCY

- Email: SGCares@mccy.gov.sg

For more information on SG Cares

- Website: <https://www.sg/singaporecares/>
- Facebook page: <https://www.facebook.com/singaporecares>

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