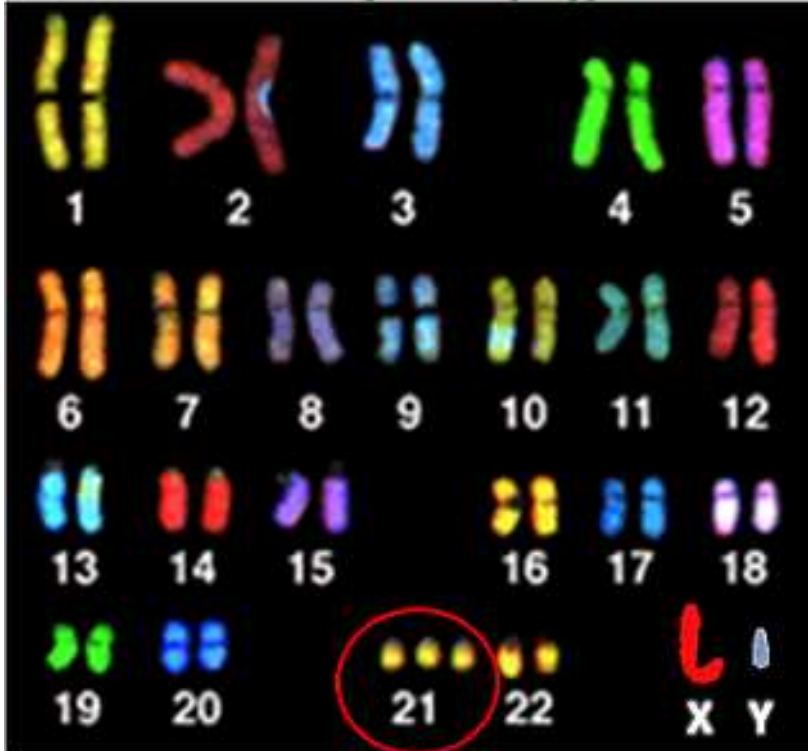


A close-up photograph of two hands, one larger and one smaller, gently holding each other against a plain white background. The larger hand is on the right, and the smaller hand is on the left, with their fingers interlaced. The skin tones are light and natural.

Differently Abled

Trisomy 21 Karyotype



Down syndrome is a genetic condition caused by the presence of an extra chromosome 21

A baby born with Down syndrome has three copies of chromosome 21 instead of the usual two.

It is currently unknown on what causes the presence of an extra chromosome 21.



ONE IN 1000 LIVE BIRTHS

is a figure accepted worldwide for incidences of Down syndrome



**Naturally occurring
chromosomal arrangement
during pregnancy**

Universally present across racial,
gender or socioeconomic lines.



Down syndrome is not a disease

People do not “suffer” from, nor
are they “victims” of their own
conditions.



Holistic approach

Early intervention, lifelong
education, training and inclusion
with mainstream society



PHYSICAL FEATURES

Low muscle tone, flatter face, small stature, an upward slant to the eyes and a single deep crease across the center of the palm.

With appropriate intervention and support, **they are able to attend mainstream schools, socialise and be employed when they are older.**

How does Down syndrome affect lives?



LEARNING ABILITIES

Delays in most areas of development such as walking or talking

Special help such as physical, speech and occupational therapies can give children with Down syndrome a boost in their skills

How does Down syndrome affect lives?



HEALTH/MEDICAL CONCERNS

Increased risks of certain medical conditions

- Respiratory and hearing problems
- Poor eyesight
- Congenital heart defects
- Alzheimer's disease
- Dementia
- Childhood leukemia
- Thyroid conditions

With knowledge, well-resourced medical care and proper treatment of these conditions, many people with Down syndrome lead healthy lives!

How does Down syndrome affect lives?

“a daily basis, there are constant challenges in our journey...

The fear of the unknown, social stigma

Coming to terms with reality

Daily challenges

Coping with learning difficulties, juggling between partner and other children

Sacrifices

Time, effort, patience, dedication, realistic expectations, acquiring additional knowledge

**Parents/
Family**

Such are the challenges we parents face, but they are good challenges” – Parents of children with Down syndrome



Family

the ones we live with,
laugh with, and love



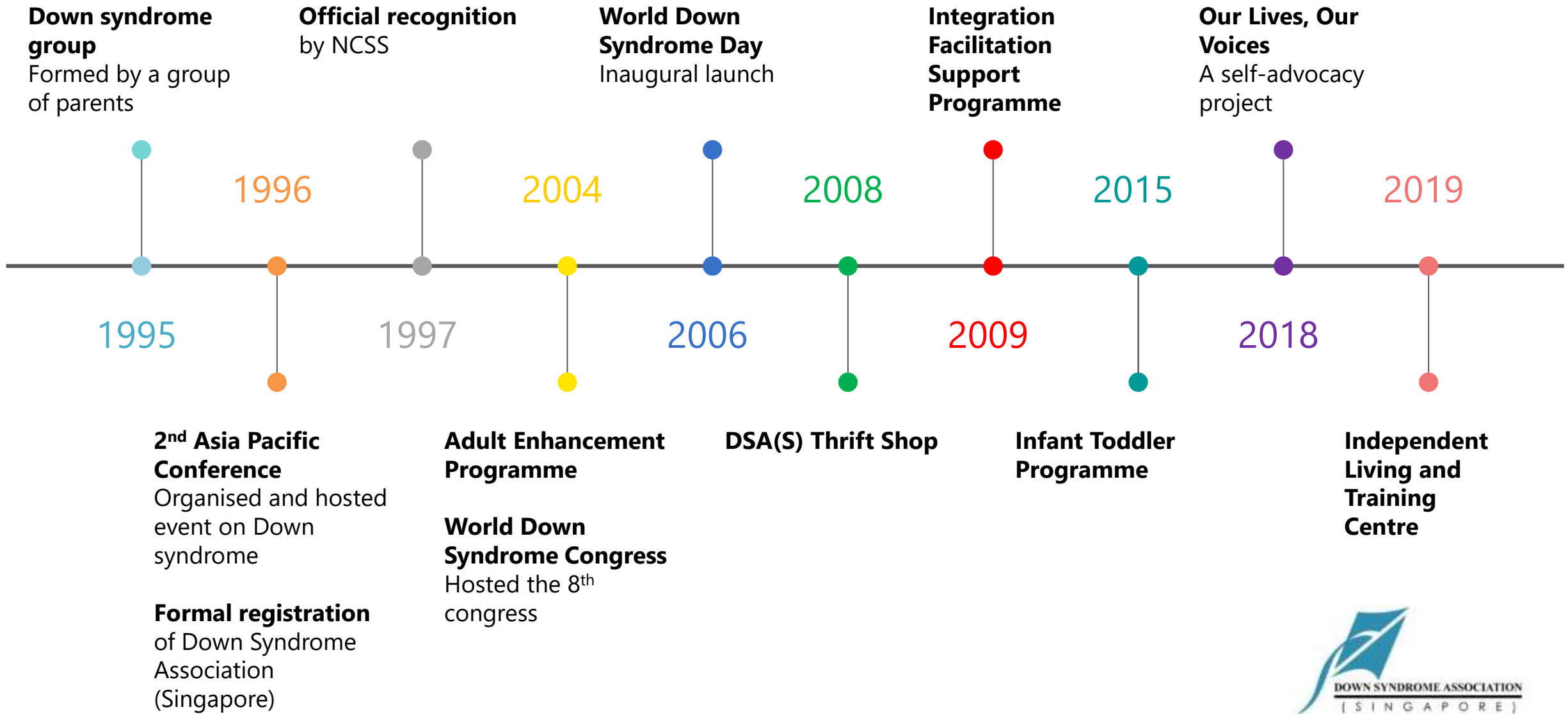
FOUNDED OUT OF LOVE

Down Syndrome Association (Singapore) or known as DSA(S), was borne out of love and devotion by a group of parents of children with Down syndrome. The Association was established in September 1996 and aims to support and educate families, professionals and the general public about the genetic condition.

PRIMARYLY SELF-FUNDING, NON-PROFIT ORGANISATION

We work closely with health and educational professionals and other Voluntary Welfare Organisations in support of persons with Down syndrome. We are officially recognised by the National Council of Social Service (NCSS) and is registered as a charity organisation with the Commissioner Of Charities, Singapore.







OUR VISION

To be the centre of excellence for individuals with Down syndrome, their families and the community.

OUR MISSION



Develop individuals with Down syndrome through lifelong learning and social integration.



Support families through specialist services, information and education.



Advocate for equal opportunities, quality of life and their contribution to society.



OUR GOALS



Foster self-advocacy.

Promote social integration

Equip them with skills for
independent living



COMMUNITY

- Create awareness and acceptance of diversity
- Promote visibility of DSA (S)
- Disseminate information
- Provide employment opportunities



FAMILY

- Provide opportunity of lifelong learning for their children
- Promote a sense of belonging as members of DSA(S)



DSA (S)

- Provide networking opportunities
- Provide state of the art services
- Build feedback mechanism
- Establish communication channels and enhance relationships

Working with the Government to design policies to enhance the lives of all persons with Down syndrome

*“All they need is a
little help, a little hope
and somebody who
believes in them”
– Magic Johnson*

OUR ASPIRATIONS

Every child and adult with Down syndrome has a right to a rich and meaningful life.

We believe that persons with Down syndrome – children and adults alike – can live happy, healthy and productive lives with education, social support and appropriate therapy.

At Down Syndrome Association (Singapore), that’s what we strive to do in order to help persons with Down syndrome realise their full potential.



Why?

Because a happy, productive and meaningful life is the birthright of every person.

DSA(S) SUPPORTS THROUGH



Family Support Services



Children Education Services



Adult Education Services



Enrichment Programmes



FAMILY SUPPORT SERVICES

Parent Support Group
Education talks

Focus on building and strengthening family bonds by working with professionals to educate parents through various knowledge workshops

Aim is to provide knowledge to parents/caregivers to better care for their children



CHILDREN EDUCATION SERVICES

Education Enhancement Programme (EEP)

Infant Toddler Programme (ITP)

Integration Facilitation Support Programme (IFSP)

To provide the highest level of education and care to the child through all phases of their lives

Places emphasis on early intervention services

Advocates inclusion in schools and community

Support education in mainstream primary schools

Provides resources and training for parents and teachers through education enrichment courses



ADULT EDUCATION SERVICES

Adult Enhancement Programme (AEP)

Skills-enhancement programme for persons with Down syndrome aged 18 years and above

Adopts a person and family-centered model

Focused on functional life-skills

Factors in learner's attained development stage and their aspirations

Each adult learner gains knowledge and learn skills that enable them to function optimally with minimal dependence on family and society



ENRICHMENT PROGRAMMES

Performing arts

Visual arts

Sports

Literacy and Numeracy



Programmes are specially tailored to benefit persons with Down syndrome

Engage members to develop their talents and passion

Provides opportunities for members to showcase their acquired skills, talent and growth





COME JOIN US ON OUR JOURNEY

Engage yourself

Start a Fundraiser. Engage your personal and professional network.

Become a volunteer. Get to know us and our work better via our website or visit us at our centre.

Stay informed. Subscribe to our e-Newsletter by scanning the QR code below.





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